# 2024 IMPACT REPORT



### THE VALUE OF A DAY

For many women who come to Dove House, every day used to feel like a fight for survival. Some never thought they'd live to see another sunrise. But here, a single day is filled with something they never imagined having—stability, support, and hope.

Each day at Dove House is a step forward. It's a morning of safety, a meal shared in sisterhood, an hour of therapy that begins to heal old wounds, and an evening spent sober—perhaps for the first time in years. And for just \$40 a day, this life-changing support is possible.

This is what you made happen in 2024. One day at a time.

## WHAT DOES \$40 A DAY PROVIDE?

EACH DAY AT DOVE HOUSE, A WOMAN IN RECOVERY RECEIVES:

- A safe place to sleep and start fresh
- Trauma-informed therapy and peer support
- Nutritious meals and daily essentials
- Structure and accountability through chores, goalsetting, and life skills





## 2024 WHO WE SERVED ♣ 159



WOMEN SERVED (27% increase from 2023)



IN MARION COUNTY



IN DUBOIS COUNTY



7.5 MONTHS
AVERAGE LENGTH
OF STAY



184
WOMEN ON
THE WAITLIST



29 COUNTIES SERVED

# A DAY IN THE LIFE AT DOVE HOUSE

#### MORNING REFLECTION

Each day begins with a warm meal and Morning Reflection, where women gather for a reading, uplifting music, and open sharing. This time sets the tone for healing and connection.

#### **CHORES & RESPONSIBILITY**

Residents complete assigned chores, learning the importance of structure and personal responsibility—skills that many were never taught.

#### THERAPY & SUPPORT

Each woman is assigned a therapist and a peer recovery specialist. Together, they help her process trauma, address barriers like legal issues or employment, and set goals for the future.

# GROUP THERAPY AND SKILLS CLASSES INCLUDE:

- Seeking Safety
- Stages of Change
- Relapse Prevention
- Intensive Outpatient Therapy (IOP)

#### **BREAKING BREAD TOGETHER**

Thanks to volunteers and partnerships with organizations like Second Helpings, residents receive three meals a day. No one has to wonder where their next meal is coming from.

#### **BUILDING SISTERHOOD**

Dove House is more than a program—it's a community. Women celebrate sobriety milestones, encourage each other through tough days, and share moments of joy as they rebuild their lives.

### PROGRAMS & SERVICES THAT MAKE RECOVERY POSSIBLE



WOMEN ENROLLED IN STEPS TO SUCCESS

IOP SESSIONS FOR 50 WOMEN

2.587 INDIVIDUAL PEER RECOVERY SESSIONS

INDIVIDUAL THERAPY SESSIONS

Women also participate in job readiness training, domestic violence education, spiritual development, and arts programming—all made possible by community partners and volunteers.



"Dove House gave me hope when they said to me, 'All you have to do is come with a willingness, and we'll take care of the rest." -KARLA





### THE LONG LASTING IMPACT OF DOVE HOUSE

78% OF WOMEN DISCHARGED SOBER

75% TRANSITIONED TO SAFE HOUSING

70% IDENTIFIED A **STRONG** SUPPORT SYSTEM

80%

LEFT ACTIVELY **ENGAGED WITH** A PEER RECOVERY **SPECIALIST** 

> 93% LEFT WITH **HEALTHCARE** COVERAGE

93% HAD NO NEW **CRIMINAL CHARGES** 

## **FINANCIALS** REVENUE/CONTRIBUTIONS

Total Revenue for 2024	\$2,295,745.13	
Grants	\$1,037,566.11	45%
Contributions	\$531,974.71	23%
In-kind Donations	\$104,304.28	5%
Service for Fee Reimbursement	\$432,895.51	19%
Interest and Rental Income	\$71,706.40	3%
Contracted Income	\$117,298.12	5%

### **EXPENSES**

Total	\$2,366,869.29	
Fundraising and Admin	\$397,762.81	13%
Property	\$281,369.37	12%
Program	\$1,787986.37	75%

### **HOW YOU CAN** SUPPORT RECOVERY

\$40

FUNDS A FULL DAY OF HOUSING, MEALS, AND THERAPY

\$280

PROVIDES A WEEK OF STABILITY AND SUPPORT

\$1.200

COVERS A FULL MONTH OF RECOVERY SERVICES

#### OTHER WAYS TO HELP:

- Donate to sustain life-changing programs
- Volunteer your time or skills
- Advocate by sharing our mission

BECAUSE OF YOU, ANOTHER WOMAN WILL WAKE UP TOMORROW IN A SAFE PLACE, WITH HOPE FOR THE FUTURE.





